

Guided Fantasy and Concentration in the Classroom

SCENE:

At the airport.

You're late. Your plane is departing in 2 minutes. Your suitcases are heavy. Will you catch your flight? It doesn't look like it. While you're running to the gate, I am running next to you and teaching you new English vocabulary words.

Can you imagine learning something like this? I doubt it!

Do it differently. Give your students the chance to relax. Encourage their creativity. Make your classroom a quiet and relaxing refuge where your students fantasy and learning take wing.

Use guided fantasy in your classroom: Close your eyes, enjoy an atmosphere of harmony, feel yourself being filled with strength and energy, increase your level of concentration – and, if you want, add the new material which your students need to learn.

Your students will thank you for it!

In this seminar you will:

- experience various forms of relaxation, concentration and energy producing activities
- design and perform guided fantasies and relaxation activities
- become acquainted with the „Milton Model“ and other speech patterns, which can be employed in designing guided fantasy activities
- learn techniques used in mental training, to increase concentration levels and to remove learning barriers

Das Seminar bietet ein bisschen Theorie und eine Menge handfeste, praktische Werkzeuge.

[Terminkalender](#)

This seminar can be taken individually or as one of the modules of the internationally recognized and certified programs “NLPaed Associate in Classroom Management” (www.nlpaed.de) as

well as the “Accelerated Learning Practitioner” (

www.dgsl.de

and

www.ialearn.org

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For more information, see LINK to training programs